<https://www.bilibili.com/video/BV1EN411T74S?p=1&vd_source=d02f7fbafe51d252aa68c8b37c1b048e>

<https://www.youtube.com/watch?v=URTeTJ5tDrQ&t=95s>

**原文**

So on October 30th 2021, I Natalie Lynn turned 20 years old. I definitely can’t say I ever expected to be celebrating my 20th birthday on the side of a road. But anyways the project is the older, the more I start to realize I have to get comfortable with the fact that eventually one day, I and everyone I know is going to die.

So I feel like no one really talks about the daunting inevitability of death. Like it rarely comes up in conversation how like insane it is that we’re all gonna die one day. The concept of death is absolutely terrifying at least in my opinion. Like I’m terrified to die. It’s just scary to think that like literally everything you are. everything you’ve become, everything you want to still become, everything you’re created, everything you’ve ever experienced all your memories. Just like literally everything could be gone in the blink of an eye. It’s just terrifying to think that like at any given moment. You don’t know when, You don’t know where, You don’t know how, but you could die. So obviously I have a bit of anxiety about dying, if you couldn’t already tell. For all I know I could literally die like right now. There could be like on animal in the bushes, a poisonous spider or something like. But I will say, living and traveling out of my van so far has really helped me start to embrace the impermanence of life.

Constantly being in new places surrounded by different energies and new people for such short amounts of time has shown me how temporary each moment of life truly is.

In the same way though. It’s kind of just made me more afraid to die knowing how fast life can feel like it’s moving. So basically what I’m trying to say is, in attempt to actually confront my fear of dying. I decided to embark on an adventure that literally could’ve resulted in my death.

I’m terrified actually. Genuinely this is a terrible idea. I do not recommend it to anyone.

So this is the really sketchy part. We have to climb to get to the actual wood planks. How are you feeling. Sketched out. Like it’s so wet and people were just walking over there. A few years back, I discovered this insane adventure location called Vance Creek Bridge. Vance Creek Bridge has been an absolute dream destination of ever since I found out about it online, when I was like 15. As sketchy as this adventure is, I’ve always known it’s something that I have to be able to experience before I eventually one day die. So yeah I guess I figure what better way to celebrate my 20th year of life then to risk my life.

We are currently at the store, trying to find rope. Because we’re gonna try to make like a rope ladder thing to actually get up the bridge. I kind of like have to cut them tonight though, because I can’t see anything when I’m walking right now. Like I just have to go like this, and I’m afraid I’m gonna fall off the bridge. Oh my god, I think I just really focus on this. Are we gonna cut one more thing. Taking the fucking scissor away from me.

So we like double it first and then we tie it. So we just had to undo all the knots we previously made to make these thing things instead, to actually like step in. And I think this is gonna work. What have we got ourselves into actually. Let’s do it. This is probably one of the sketchiest things if not the sketchiest thing. We’ve both ever done. So going back to my main point I think we as humans all tend to fear death in one way or another. That is like the scared. Oh my god, I can’t believe this is happening actually. I can’t believe we’re doing it. But going in this adventure confronting my fear of dying make me realize if we spent our entire lives fearing death. We may never understand what it’s like to truly be alive. This is not feeling real at all right now. Like I’ve dreamt of doing this for so long. I’m shaking so much, this is so sketchy, you could just fall through like.

I definitely not trying to say that risking your life is the only way to feel live though. Looking back on my life so far. The most alive I probably ever felt was when I was a kid. And I think that’s because kids always seem to make the most out of anything and everything. Even if it’s extremely stupid. But as I’ve grown up. I feel like I’ve started to take life way too seriously, which has obviously restricted me from feeling young and alive again. So L guess what I’m trying to say is even thought I’m getting older now. Maybe that doesn’t necessarily mean I have to grow up.

I have this genius idea, as you’re traveling through the iconic massive Pacific Northwest forest. The rules are simple. We both have like five minutes to find a sword or some sort of stick and craft it. The way we want it. And then we’re gonna get on this log and fight to the death. And whoever falls off first is the loser. I’m currently on the search for my weapon of choice. Good luck, he’s going to find his sword. I’m gonna go look for mine. All the logs are basically just rotten. It’s thicker or longer better. I don’t really know. This might be it. I think I’ve found something pretty sturdy. I’m only missing one thing now. Wait, why are we calling this a sword fight. It’s a stick fight. I don’t know, changing the name now. It’s actually a stick fight. Sword fight sounds like we’re like 5 you know. Yeah stick fight sounds so much more mature.

I’ve never been more ready. Game on bitch. You ready for battle? I’ve never been ready for anything. I’ve never been more ready. I’ve been training for this fight my entire life. So my strategy for this competition is to actually just have no strategy at all. When people look at my stick they might judge a book by its cover. But it’s not about how big, how long. It’s about the motion in the ocean. Send in your votes. There’s a moment on that log where I had to humble myself a little bit. This fight was the most intense thing I’ve ever done in my entire life.

I definitely never thought I’d be having a stick battle at the age of 20 years old. As stupid as it may look. I do remember feeling very alive in this moment. Just not taking things too seriously and connecting with my inner child again. When I was a kid. I also used to put on these little dance routine, performance things. And well I guess on matter how old you get. Some things never change.

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So yeah, I’m 20 years old now. And I know eventually one day, I and everyone I know will die. But I no longer fear death. Because I know I’ve experienced what it’s like to truly live.

**翻译**

**一：**

**00:20 -**

So on October 30th 2021, I Natalie Lynn turned 20 years old.

**00:40 - 1:12**

I definitely can’t say I ever expected to be celebrating my 20th birthday on the side of a road. But anyways the point is the older I keep getting, the more I start to realize I have to get comfortable with the fact that eventually one day I and everyone I know is going to die.

所以在2021. 10. 30， 我 Natalie Lynn 变成20岁了，我肯定不能说我曾经期待去被庆祝我的20岁生日在路的一边，但是无论如何这项目变得更老，我更开始意识我不得不感到舒服与真实那最终一天我和每一个我认识的人将会死

**二：**

**2:10 - 2:49**

So I feel like no one really talks about the daunting inevitability of death. Like it rarely comes up in conversation how like insane it is that we’re all gonna die one day. The concept of death is absolutely terrifying at least in my opinion. Like I’m terrified to die. It’s just scary to think that like literally everything you are. everything you’ve become, everything you want to still become, everything you’re created, everything you’ve ever experienced all your memories. Just like literally everything could be gone in the blink of an eye. It’s just terrifying to think that like at any given moment. You don’t know when, You don’t know where, You don’t know how, but you could die.

所以我感觉像没有人真正地谈论关于使人畏惧死亡必然性，它几乎不出现在谈话中多么地疯狂我们所有都将死去某天。死亡的概念完全地是可怕的至少在我的观点里，我害怕去死，它是可怕去像像确切地你是一切，一切你已经变成，一切你依然想变成，一切你已经创造，一切你曾经已经经历所有你的记忆，确切地一切可能走在一眨眼之间，很可怕去想在任何被给的瞬间，你不知道什么时候，你不知道哪儿，你不知道怎么样，但是你可能会死。

**三：**

**2:49 - 3:09**

So obviously I have a bit of anxiety about dying, if you couldn’t already tell. For all I know I could literally die like right now. There could be like an animal in the bushes, a poisonous spider or something like. But I will say, living and traveling out of my van so far has really helped me start to embrace the impermanence of life.

所以明显地我有一点焦虑关于死亡，假如你还还没告诉，为了所有我知道我能确切地死现在。可能这儿的动物在草丛里，一个毒蜘蛛或者一些东西，但是我会说，住和旅行来自我的房车至今已经真正地帮助我开始去欣然接受生活的短暂

**四：**

**3:12 - 3:54**

Constantly being in new places surrounded by different energies and new people for such short amounts of time has shown me how temporary each moment of life truly is.

In the same way though. It’s kind of just made me more afraid to die knowing how fast life can feel like it’s moving. So basically what I’m trying to say is, in attempt to actually confront my fear of dying. I decided to embark on an adventure that literally could’ve resulted in my death.

I’m terrified actually. Genuinely this is a terrible idea. I do not recommend it to anyone.

不断地在一些新的地方被不同的活力和新人包围为了如此短的许多时间已经展示我多么真实地短暂的生活的每一个瞬间

虽然在相同的方式，它有点使我害怕死去知道怎么快的生活能感觉它在移动，所以基础地什么我在试着说是，确切地试图面对死亡的恐惧，我决定开始着手在一个冒险那确切有可能造成我的死亡。

**五：**

**4:15 - 5:16**

So this is the really sketchy part. We have to climb to get to the actual wood planks. How are you feeling. Sketched out. Like it’s so wet and people were just walking over there. A few years back, I discovered this insane adventure location called Vance Creek Bridge. Vance Creek Bridge has been an absolute dream destination of mine. ever since I found out about it online, when I was like 15. As sketchy as this adventure is, I’ve always known it’s something that I have to be able to experience before I eventually one day die. So yeah I guess I figure what better way to celebrate my 20th year of life then to risk my life.

所以这是真正地草率的部分，我们必须爬上获取确切的木制木板。你感觉怎么样，。。。 它如此湿的，和人仅仅走过这儿，回到几年前，我发现这个疯狂的冒险地点叫做 。。。，....已经是一个绝对的梦想目的地曾经自从我找出关于它在网上。

当我还是15岁的时候，这冒险很草率，我已经知道它是一些东西我必须能够去经历在我最终一天死亡之前。我猜我认为什么更好的方式去庆祝生命中的20年是去冒险我的生活。

**六：**

**5:21 - 6:00**

We are currently at the store, trying to find rope. Because we’re gonna try to make like a rope ladder thing to actually get up the bridge. I kind of like have to cut them tonight though, because I can’t see anything when I’m walking right now. Like I just have to go like this, and I’m afraid I’m gonna fall off the bridge. Oh my god, I think I just really focus on this. Are we gonna cut one more thing. Taking the fucking scissor away from me.

我们最近正在商店，试着去找出绳子，因为我们将试着做一个绳子梯子去确切地上到桥上，虽然我有点不得不剪它们今晚，因为我们不能看见任何事情当我们走路的时候，我害怕我会掉下去，我认为我仅仅真正的注意这个，我们打算剪多一件事吗？保持剪刀远离我。

**七：**

**6:00 - 8:05**

So we like double it first and then we tie it. So we just had to undo all the knots we previously made to make these things instead, to actually like step in. And I think this is gonna work. What have we got ourselves into actually. Let’s do it. This is probably one of the sketchiest things if not the sketchiest thing. We’ve both ever done. So going back to my main point I think we as humans all trend to fear death in one way or another. That is like the scared. Oh my god, I can’t believe this is happening actually. I can’t believe we’re doing it. But going in this adventure confronting my fear of dying make me realize if we spent our entire lives fearing death. We may never understand what it’s like to truly be alive. This is not feeling real at all right now. Like I’ve dreamt of doing this for so long. I’m shaking so much, this is so sketchy, you could just fall through like.

所以我们两倍它先和然后我们系它，所以我们必须解开所有结，我们预先做这些事情取代，去确切地顶替，和我认为这将运行，。。。 这可能是最草率的事情之一，如果它不是最草率的事，我们两个曾经都做过，所以回到我的主要的观点我认为我们作为人类所有都趋向害怕死亡在一种方式或其他，这是害怕的，我不敢相信这确切地发生。我不敢相信我们在做它，但是进行在这个冒险里面对我的死亡害怕使我意识到是否我们花费我们整个人生害怕死亡，我们可能绝不理解它是什么真正地活着。这不在感觉真实现在，像我已经梦想做这个很久了，我在摇摆如此多，这是草率的，你可能掉下去穿过。

**八：**

**8:05 - 9:00 （到这里）**

I definitely not trying to say that risking your life is the only way to feel live though. Looking back on my life so far. The most alive I probably ever felt was when I was a kid. And I think that’s because kids always seem to make the most out of anything and everything. Even if it’s extremely stupid. But as I’ve grown up. I feel like I’ve started to take life way too seriously, which has obviously restricted me from feeling young and alive again. So I guess what I’m trying to say is even thought I’m getting older now. Maybe that doesn’t necessarily mean I have to grow up.

我肯定不会试着说冒险你的生活是唯一的方式去感觉活着虽然，回过投看我的生活至今，大多数活着的我可能曾经感觉 是当我还是小孩子的时候，我认为那是因为小孩子总是似乎做大部分来自任何事情和每一件事情，尽管它是极其地傻，但是当我已经长大的时候，我感觉我已经开始去处理生活的方式太严格了，这已经限制我感觉年轻的活着的再一次，所以我猜什么我在试着说的是 即使我变得更老现在，可能那补必要地意味我必须长大。

**九：**

**9:15 - 10:17**

I have this genius idea, as you’re traveling through the iconic massive Pacific Northwest forest. The rules are simple. We both have like five minutes to find a sword or some sort of stick and craft it. The way we want it. And then we’re gonna get on this log and fight to the death. And whoever falls off first is the loser. I’m currently on the search for my weapon of choice. Good luck, he’s going to find his sword. I’m gonna go look for mine. All the logs are basically just rotten. It’s thicker or longer better. I don’t really know. This might be it. I think I’ve found something pretty sturdy. I’m only missing one thing now. Wait, why are we calling this a sword fight. It’s a stick fight. I don’t know, changing the name now. It’s actually a stick fight. Sword fight sounds like we’re like 5 you know. Yeah stick fight sounds so much more mature.

我有一个真诚的主意，当我们旅行穿过 的时候，规则很简单，我们两个有五分钟时间去找一个剑或一些有点棍子和去静心制作它，这个方式我们想它的，和然后我们将继续这个原木和战斗到死，和无论谁掉下去先是失败者。目前我在找我选择的武器，祝你好运，他打算找他的剪，我打算去看看我的，所有的原木基础地腐烂了。它是更细活着更长更好，我不知道，这可能是它，我认为我已经找到一些东西非常坚固的，我只错过了一件事，等等，为什么我们叫它一个剑战斗，它是一个棍子斗争，我不知道，改变名字现在，它确实地是一个棍子斗争，剑战斗听起来我们像5岁，你懂的，是的，棍子斗争听起来更成熟多。

**十：**

**10:37 - 11:38**

I’ve never been more ready. Game on bitch. You ready for battle? I’ve never been ready for anything. I’ve never been more ready. I’ve been training for this fight my entire life. So my strategy for this competition is to actually just have no strategy at all. When people look at my stick , they might judge a book by its cover. But it’s not about how big, how long. It’s about the motion in the ocean. Send in your votes. There’s a moment on that log where I had to humble myself a little bit. This fight was the most intense thing I’ve ever done in my entire life.

我已经绝不更多的准备，你准备好了为战斗吗？我绝不准备为任何事情，我已经绝不更多的准备，我已经训练为这个战斗我整个生活，所以我的战略为了这个竞争是确切一点战略都没有。当人们看着我们棍子 他们可能判断一本书通过他的封面。不是关于多大，多长。是关于移动在海洋里。给你我的投票，这是一个瞬间在那个原木， 我必须去谦虚自己一点。这个斗争是最紧张的事情我已经曾经做在我整个生活中。

**十一：**

**11:50 - 12: 24**

I definitely never thought I’d be having a stick battle at the age of 20 years old. As stupid as it may look. I do remember feeling very alive in this moment. Just not taking things too seriously and connecting with my inner child again. When I was a kid. I also used to put on these little dance routine, performance things. And well I guess no matter how old you get. Some things never change.

我肯定地没有想我将有一个斗争在我20岁的时候，和它可能看起来一样傻，我确实记得感觉很活的在这个瞬间，仅仅没有把事情看的太重和联系我的内在小孩再一次。当我还是小孩子的时候，我常常上演一些小舞蹈日常，表演事情，我猜你无论获得多大，一些事情绝不改变。

**十二：**

**12: 56 - 14:13**

This was a night on the road that I wish could have lasted forever. But as I’m learning to accept the impermanence of life. I’m realizing this moment means so much more to me. Because it didn’t last forever. Maybe because we eventually die one day, maybe that is what makes moments so meaningful to begin with, it’s the fact that they’re fleeting and they won’t last forever. So we have to truly value them as we’re experiencing them. But you should have found our little light. There’s just one quote I heard one time. And it was like something along the lines of one day your life will flash before your eyes. So make sure it’s worth watching. So it’s kind of my goal for this next year my life, my 20th year of life. And just van life in general too. I want to make sure that I’m prioritizing experiencing moments that truly make me feel alive. So at the end of my life. If it’s actually true that we get to relive our memories. I want to have as many memories and moments where I truly felt alive to look back on. I want to have as many of those moments as possible.

**14:56 - 15:11**

So yeah, I’m 20 years old now. And I know eventually one day, I and everyone I know will die. But I no longer fear death. Because I know I’ve experienced what it’s like to truly live.

这是一个夜晚再路上 我希望能一直持续到永远，但是当我在学去接受生活的暂时，我在意识到这个瞬间意味如此多对我，因为它不会永远持续，可能因为我们最终一天会死。可能那是什么使瞬间如此有意义去以它开始。它是事实 他们在

快速消失和他们不将永远持续。所以我们必须真实地衡量他们的价值当我们经历他们的时候，但是你已经发现我们的小灯，这是一个语录我听过一次，它像一些东西沿着一天的线 你生活将照亮在你的眼睛前，所以确保它值得看，所以它有点我的目标为了我生活的下一年，20岁，和房车生活也在通常情况。我想确保我在优先经历瞬间 正确地使我感觉活着，所以在我生活的终点，假如它确切是真的 我们到达再经历我们的回忆。我想有许多回忆和瞬间 我真实地感觉活着去回过头看，我想有尽可能多的瞬间

我20岁了，和我知道最终有一天，我和每一个我知道的将会死，但是我不在害怕死亡，因为我知道我已经经历了什么它想真实地生活

**笔记**

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I definitely not trying to say that risking your life is the only way to feel live though. Looking back on my life so far. The most alive I probably ever felt was when I was a kid. And I think that’s because kids always seem to make the most out of anything and everything. Even if it’s extremely stupid. But as I’ve grown up. I feel like I’ve started to take life way too seriously, which has obviously restricted me from feeling young and alive again. So L guess what I’m trying to say is even thought I’m getting older now. Maybe that doesn’t necessarily mean I have to grow up.

I have this genius idea, as you’re traveling through the iconic massive Pacific Northwest forest. The rules are simple. We both have like five minutes to find a sword or some sort of stick and craft it. The way we want it. And then we’re gonna get on this log and fight to the death. And whoever falls off first is the loser. I’m currently on the search for my weapon of choice. Good luck, he’s going to find his sword. I’m gonna go look for mine. All the logs are basically just rotten. It’s thicker or longer better. I don’t really know. This might be it. I think I’ve found something pretty sturdy. I’m only missing one thing now. Wait, why are we calling this a sword fight. It’s a stick fight. I don’t know, changing the name now. It’s actually a stick fight. Sword fight sounds like we’re like 5 you know. Yeah stick fight sounds so much more mature.

I’ve never been more ready. Game on bitch. You ready for battle? I’ve never been ready for anything. I’ve never been more ready. I’ve been training for this fight my entire life. So my strategy for this competition is to actually just have no strategy at all. When people look at my stick they might judge a book by its cover. But it’s not about how big, how long. It’s about the motion in the ocean. Send in your votes. There’s a moment on that log where I had to humble myself a little bit. This fight was the most intense thing I’ve ever done in my entire life.

I definitely never thought I’d be having a stick battle at the age of 20 years old. As stupid as it may look. I do remember feeling very alive in this moment. Just not taking things too seriously and connecting with my inner child again. When I was a kid. I also used to put on these little dance routine, performance things. And well I guess on matter how old you get. Some things never change.

This was a night on the road that I wish could have lasted forever. But as I’m learning to accept the impermanence of life. I’m realizing this moment means so much more to me. Because it didn’t last forever. Maybe because we eventually die one day, maybe that is what makes moments so meaningful to begin with, it’s the fact that they’re fleeting and they won’t last forever. So we have to truly value them as we’re experiencing them. But you should have found our little light. There’s just one quote I heard one time. And it was like something along the lines of one day your life will flash before your eyes. So make sure it’s worth watching. So it’s kind of my goal for this next year my life, my 20th year of life. And just van life in general too. I want to make sure that I’m prioritizing experiencing moments that truly make me feel alive. So at the end of my life. If it’s actually true that we get to relive our memories. I want to have as many memories and moments where I truly felt alive to look back on. I want to have as many of those moments as possible.

So yeah, I’m 20 years old now. And I know eventually one day, I and everyone I know will die. But I no longer fear death. Because I know I’ve experienced what it’s like to truly live.